



Healthy Baby Workshops

Need help kicking an unhealthy habit while you're pregnant??

Want to learn what you can do to help have a healthier pregnancy?

Need help finding local resources to help with needs like housing, counseling, jobs and baby items?

If you answered, "yes" to any of these questions, come join us for food, facts and free stuff!!!

Workshop activities provide information about having a healthy pregnancy and baby.

All women completing one workshop will receive a gift pack with helpful pregnancy information and baby items!

We'll also have some great give-aways and door prizes!

Workshop Dates, locations, and times vary for the convenience of our clients

Please call Kim Smith for information on upcoming workshops

859-283-0952 x117

